

Making Room for Your Future  
Mark 14:32-42

**Gethsemane**

<sup>32</sup> They went to a place called Gethsemane, and Jesus said to his disciples, “Sit here while I pray.” <sup>33</sup> He took Peter, James and John along with him, and he began to be deeply distressed and troubled. <sup>34</sup> “My soul is overwhelmed with sorrow to the point of death,” he said to them. “Stay here and keep watch.”

<sup>35</sup> Going a little farther, he fell to the ground and prayed that if possible the hour might pass from him. <sup>36</sup> “Abba,<sup>[f]</sup> Father,” he said, “everything is possible for you. Take this cup from me. Yet not what I will, but what you will.”

<sup>37</sup> Then he returned to his disciples and found them sleeping. “Simon,” he said to Peter, “are you asleep? Couldn’t you keep watch for one hour? <sup>38</sup> Watch and pray so that you will not fall into temptation. The spirit is willing, but the flesh is weak.”

<sup>39</sup> Once more he went away and prayed the same thing. <sup>40</sup> When he came back, he again found them sleeping, because their eyes were heavy. They did not know what to say to him.

<sup>41</sup> Returning the third time, he said to them, “Are you still sleeping and resting? Enough! The hour has come. Look, the Son of Man is delivered into the hands of sinners. <sup>42</sup> Rise! Let us go! Here comes my betrayer!”

**Small Group Questions**

1. Read the passage above 1-2 times. Which words or phrases stand out to you? Why?
2. The heart of yielding to God is praying, “Not my will, but yours.” What questions do you have about discerning God’s will?
3. What “cup” do you believe God is calling you to embrace this coming year?
4. What do your assumptions about God’s will for you reveal about your core beliefs about God? (Is he gracious? Harsh? Demanding? Indifferent?)
5. What other kinds of “cups” are being placed before you this year? (Who else is making claim to your allegiance?)
6. Who are the friends you call to pray with you when you’re seeking to discern God’s will?
7. Once Jesus had clarity about God’s will, he woke the disciples and faced his betrayer boldly. What next step do you need to take as you embrace the cup God offers you?
8. Spend the final minutes sharing prayer requests and pray for one another.